

The Many Mysteries of the Path

Heaven and Earth, Body and Mind
Constellations about true living,
true loving and true spirituality

A workshop with Sneh Victoria Schnabel
in Freiburg / 2019
Wednesday, 29. May (10:30)
– Sunday, 2. June (17:00)
Cost: €420



To be true is a state of being that neither makes us happy nor unhappy. It holds us in balance in the exquisite state of not needing, expecting or hunting for anything—nor denying, turning from, or pushing away what presents itself. It is the state in which we accept and invite life as it comes.

Of course, without being at least half-enlightened, this does not come easily. But it is well worth examining it closely.

Looking deeply at the way we choose to lead our lives can give us insight into who we are right now, how “true” we are. It can reveal the many secret layers of how we learned to be the:

- perfect child
- best friend in school
- rebellious student
- committed team player
- spiritual seeker
- group member.

In short, how to “fit in”.

When we let go of the need to be accepted and loved, and the conditioning we “learned”, we come closer to home, our own wisdom, our being “true” and start to live our soul’s ultimate goal: true living, true loving and true spirituality.

Conditioning is part of the game; part of life on this planet that we chose.

It is nothing bad: rather, it is a necessity that can change as we do, if we wish. But to be able to change we must know and understand what it is that hinders our freedom to choose, to be who we are meant to be in our deepest core.

Fears—on a global level as much as in our personal lives—distort our perception, and thus our ability to act from our heart.

To get to know our fears—the ones we took over from our ancestors, our culture, our parents, social environment, and even from lives long past—is the king’s way to change what does not serve us anymore and to start to walk our path in great freedom.

And there is a price we need to be ready to pay: friends and family might not like the way we change; the work we do to earn our living might not feel right anymore; some relationships will need to end; and we might find ourselves quite alone.

Until we find members of our tribe—the ones who are, like us, ready to move forward; the ones we seem sometimes to know from long ago.

Chances are, you will meet some in this group. A time such as this can draw old friends together; companion travelers with whom we may have old “agreements”—to once again support and hold each other for a while.

Method:

We will use constellation work and similar procedures, using our bodies with their abilities to feel, see and hear; to sense with our instinct and beyond; to gain insight—similar to what a channel will do.

Constellation work is and has always been one of the master keys to find the “hidden truth”.

We will also use tools to help us open hidden channels, in order to get in touch with our essence, with our spirit-guides, and with all the beings to whom we belong—quite like our family on earth.

The foundation on which we will build will be everyone’s individual spirituality; my own experiences with living masters, (most of all, Osho, Punjajee and Sufi Baba); and all the teachings that I have experienced and am continuing to experience—mainly the Archetypes of the Soul (Hasselmann and Schmolke) and the Michael Teachings from various sources, especially from Shepherd Hoodwin.