



# Newsletter Winter 2024

## School for the Path Less Traveled

*Dear companions on the path,*

During the last years giving workshops, speeches and presentations abroad, I had started to include bits and pieces of the “architecture of our soul” and the environment, from which the soul comes. I did not so much plan to do this; it rather happened by itself – oftentimes quite by surprise.

Participants told me that if I were to offer a workshop about “that soul stuff” in English in my hometown, they would come. At the time, I had no idea if, or when, this might happen, but I was taken by the idea to offer a workshop to people from other countries who were interested in the way I weave constellation work and soul matters together.

Meanwhile several of these events have happened and I am still so very touched how many of you have answered the call and come to my hometown to dive into the adventure.

With the arrival of Covid, this came to a halt – or should I say, this got transformed?

First of all, traveling was not possible – and then came a new creation: the Zoom workshop.

Me – being rather shy with diving into the thick of computer stuff – was nevertheless interested (and capable) of joining Zoom meetings. So this became a new way of connecting and sharing my work.

Kicked into life through Australian colleagues – lead by formidable Jonine (and together with her great and very capable team of helpers) – was an international conference and



*Change is inevitable,  
struggle is an option.*

— Connie Rios  
Ka Hana Pono

a first year-long international training, and a live “Immersion” on Bali, all with much success. I was – together with a great number of dear colleagues – one of the teachers in the conference, and during the training started to love the way we all connect “from our living room”!

The next international training, in which I will again be a trainer, has already opened its doors. The information can be found here:

[www.victoria-schnabel.com/uksite/events.html](http://www.victoria-schnabel.com/uksite/events.html)

As a possibility to learn more about it, there will be a 2-day *free* introduction on January 27 and 28, 2024. I hope to meet you there!

The last training was such a beautiful, warm-hearted, and energizing happening that I recommend it with all my heart!

The unique opportunity to dive into the heart of a constellation community of possible friends and lovers of the work is simply precious.

So ask your soul: “Is this right for me?”

And listen to the answer; it might come immediately or in the coming days or weeks. It could come in many different shapes: a conversation with a friend, a changing life situation, a dream...

When it comes to the **theme of soul** and why on earth we are experiencing all this tricky, difficult, hurting, boring living stuff (of course I did not mention all the beautiful, exciting, hot and deeply moving and meaningful situations that are equally part of our lives), my investigative mind always gets a jolt of energy. I truly love a challenge – and when it presents itself in the shape of an formidable stumbling block – I feel my senses awake and my creative abilities heightened.

It often takes quite a bit of time to ready myself for a new challenge, but I have by now finally mastered the art of waiting for the signs that show me: *it is time!*

And how did I learn this?

To have had a mother that relied, in most of her life decisions, on the guides she had on “the other side” was certainly helpful. As was a years-long training in sitting silently, mostly in India in the commune of my master Osho in Pune. As was my intense training in Ericsonian Hypnotherapy, where I was supported in my understanding of the unseen help we can get anytime when we put our trust in our unconscious mind. And finally: the constellation work that is the strongest foundation of my work. Through this work I met my friend and colleague in Italy who made me aware of the “**Archetypes of the Soul**“: a teaching that provides





astonishing and highly precise insights into the structure of the world of our souls. It is a theme that we began to teach together with the help of constellation work.

From there, I found my way to the original teachings – the **Michael Teachings** – that in the 1980’s (the time that constellation work began) inspired the couple Varda Haselmann and Frank Schmolke. Varda’s mediumship skills brought the Archetypes of the Soul work into the German-speaking world. And even though I was greatly inspired by their work and loved to use their “tool kit”, it touched only my intellect. It started to touch my heart when I started to get in touch with the Michael Teachings. These teachings “speak” the same knowledge about soul – with the same strong energy, and yet with a different flavor. Their “language” brought me to tears and touched my very essence.

And soon, I found a teacher who was willing to come from the United States to teach in my hometown, which he did 3 times. He was also very intrigued by constellation work, and so we started to use it to teach. The last year he came – before it was interrupted by Covid – we taught the workshop together and loved it a lot.

And this led us to our first Zoom workshop last year, bringing constellation work and the Michael Teachings together.

During the “Covid times”, I started to dive into the world of mediumship – learning how to get in precise contact with “my team on the other side”; my guides; my soul-family and more. I started to teach how to do this in many of my classes in my hometown.

So it was an easy decision to take that as our new offer for this year:

### **Communicating with Your Guides and Essence**

If you are interested, you can view/download the full information on our website:

[www.victoria-schnabel.com/uksite/events.html](http://www.victoria-schnabel.com/uksite/events.html)

There you will also find the information for this year’s **September “Immersion” in Lisbon!** I will be there teaching, along with great and dear colleagues and friends.

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So this is the news for now, and much love to you all,

*Sue*

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